

PATIENT INFORMATION · RESTORATIVE DENTISTRY

CEREC same-day crowns

Ceramic crowns, inlays and onlays designed and milled in the practice, often in one visit.

What is it?

CEREC uses a 3D scanner, computer design and in-house milling to make ceramic crowns, inlays and onlays while you wait. Your tooth is scanned with CEREC Primescan, the restoration is designed on screen to fit your bite, and a CEREC MC X5 or MC XL milling unit shapes it from a solid ceramic block.

In most cases there is no temporary crown and no second appointment. Not every tooth is suitable for a same-day restoration.

Who it may help

- ✓ A cracked, broken or heavily filled tooth that needs a crown
- ✓ A back tooth that needs an inlay or onlay
- ✓ People who would prefer fewer appointments, where their tooth is suitable

Suitability depends on your individual situation and is confirmed after an examination.

How it works

1 A 3D scan records the prepared tooth.

2 A solid ceramic block is held in the milling unit.

3 Two burs shape the block from your digital design.

4 The crown is polished, glazed and fitted, often in the same visit.

A typical sequence. Your dentist will explain your own plan.

What to expect

- 1 **Digital scan.** The prepared tooth is scanned to make a 3D model, instead of an impression tray (about 5 minutes).
- 2 **Design.** Your crown is designed on screen to fit your bite and match the neighbouring teeth (about 15 minutes).
- 3 **Milling.** The milling unit shapes the restoration from a ceramic block (about 15 to 25 minutes).
- 4 **Finishing.** It is polished, stained and glazed to match your teeth (about 20 minutes).
- 5 **Fitting.** The restoration is bonded in place and your bite is checked.

Times are typical and vary. Many single-tooth restorations take one appointment of around two hours; complex cases may take longer or need a second visit.

Things to consider

- **Suitability:** your dentist will recommend the material and approach for your tooth
- **Sensitivity:** some people have temporary sensitivity afterwards
- **Tooth reshaping:** tooth structure removed for a crown can't be replaced

Any surgical or invasive procedure carries risks. Before proceeding, you should seek a second opinion from an appropriately qualified health practitioner.

Aftercare

- ✓ **Same day:** wait until the numbness wears off before eating; some sensitivity is common and usually settles within a few weeks
- ✓ **Daily care:** brush twice a day and floss around the crown
- ✓ **Hard objects:** avoid biting very hard things such as ice or pens
- ✓ **Call us if:** the bite feels high, pain increases instead of settling, or the crown feels loose

General guidance only. Always follow the specific instructions your dentist gives you.

Costs & health funds

Fees depend on your treatment and are confirmed after an examination, with a written estimate before planned treatment starts. Your health fund rebate depends on your fund, level of extras cover, annual limits and waiting periods. We can claim on the spot with Tyro, so on the day you pay any gap. All health funds are welcome.

Crowns are usually claimable under major dental extras cover. Check your policy.

Call (08) 9330 7115 if you have heavy bleeding, pain or swelling that gets worse, fever, or anything that worries you. For trouble breathing or swallowing, call 000.

Questions to ask your dentist

- ? Is my tooth suitable for a same-day CEREC crown?
- ? Crown, inlay or onlay: which suits this tooth?
- ? Which ceramic material will you use, and why?
- ? How long will the appointment take?
- ? What will it cost, and what might my health fund cover?

When to call us on (08) 9330 7115

- Your bite feels high
- Pain increases instead of settling
- The crown feels loose
- Swelling or fever

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