

PATIENT INFORMATION · RESTORATIVE DENTISTRY

Dentures

Removable replacements for missing teeth and the surrounding gum.

What is it?

Dentures replace missing teeth and the surrounding gum. A partial denture replaces some teeth and clips to the remaining teeth; a complete (full) denture replaces all the teeth in one jaw. Each denture is designed around your face and bite, to support your lips and cheeks.

Dentures can be made the traditional way from impressions, or designed digitally in exocad and milled or 3D printed in the practice.

Who it may help

- ✓ People missing several teeth or all their teeth
- ✓ People whose current denture is loose, worn or uncomfortable
- ✓ Anyone comparing removable and implant-supported options

Suitability depends on your individual situation and is confirmed after an examination.

How it works



- 1 Missing teeth can make eating and speaking harder.



- 2 Impressions or a 3D scan record the shape of your mouth.



- 3 A try-in checks the shape, shade and bite before the denture is finished.



- 4 Your denture is fitted and adjusted for comfort, with regular reviews of the fit.

Simplified illustration, not to scale. Your own treatment may differ.

What to expect

- 1 **Consultation.** Your dentist checks your mouth and talks through your tooth replacement options.
- 2 **Impressions or scans.** Impressions or a digital scan record the shape of your mouth and any remaining teeth.
- 3 **Try-in.** You try the denture so the shape, shade and bite can be checked and adjusted.
- 4 **Fitting and care.** Your denture is fitted and adjusted, and we explain how to clean, handle and store it.

Eating and speaking take practice. Start with soft foods cut into small pieces; most people adapt over a few weeks. Tell us about any sore spots so we can adjust the denture.

Things to consider

- **Adjustment period:** sore spots may need adjusting
- **Fit changes:** gums and bone change over time, so relines or new dentures may be needed
- **Daily care:** dentures need daily cleaning and are usually removed overnight unless your dentist advises otherwise

Aftercare

- ✓ **Daily cleaning:** clean your denture every day with a soft brush and denture cleaner
- ✓ **Your mouth:** brush your gums, tongue and palate daily, even with full dentures
- ✓ **Handle with care:** hold it over a folded towel or water when cleaning, so it doesn't break if dropped
- ✓ **Reviews:** regular check-ups help keep the fit comfortable

General guidance only. Always follow the specific instructions your dentist gives you.

Costs & health funds

Fees depend on your treatment and are confirmed after an examination, with a written estimate before planned treatment starts. Your health fund rebate depends on your fund, level of extras cover, annual limits and waiting periods. We can claim on the spot with Tyro, so on the day you pay any gap. All health funds are welcome.

Questions to ask your dentist

- ? Would a partial or complete denture suit me?
- ? Is a digitally made denture an option for me?
- ? How long will it take to get used to?
- ? Could implants make my denture more stable?
- ? How often should the fit be checked?
- ? What will it cost, and what might my fund cover?

Before your appointment

- ✓ Your Medicare card and health fund card, for on-the-spot claiming with Tyro
- ✓ A DVA or concession card, if you have one
- ✓ A list of your medicines, including blood thinners and supplements
- ✓ The denture you wear now, if you have one
- ✓ A list of questions, for example about partial, full or implant-supported options
- ✓ Tell us about any changes to your health or medicines since your last visit
- ✓ Tell us if you feel anxious or need extra time. You can ask for breaks, agree a stop signal, or bring headphones

General guidance only. Always follow your dentist's specific instructions.

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