

PATIENT INFORMATION · RESTORATIVE DENTISTRY

Full mouth rehabilitation

One staged plan to restore many teeth across both jaws.

What is it?

Full mouth rehabilitation (also called full mouth reconstruction) rebuilds or restores many teeth across the upper and lower jaws. It combines treatments such as gum care, fillings, crowns, bridges, veneers and implants into one staged plan, considering health, function and appearance together.

You receive a written treatment plan and estimate before treatment starts, so you can take your time to decide.

Who it may help

- ✓ Many worn, broken, decayed or missing teeth
- ✓ Severe tooth wear from grinding or erosion
- ✓ Bite problems affecting comfort or function

Suitability depends on your individual situation and is confirmed after an examination.

How it works



- 1 Several problems across the mouth, such as worn, broken, decayed or missing teeth.



- 2 Gum health is treated first.



- 3 Teeth are rebuilt in planned stages, with fillings, crowns, bridges or implants.



- 4 Your bite is checked and reviewed over time.

Simplified illustration, not to scale. Your own treatment may differ.

What to expect

- 1 **Comprehensive examination.** Your history, X-rays, a CBCT 3D scan, photos and digital scans of your teeth and bite.
- 2 **Planning.** A treatment plan and full-mouth digital wax-up set out the procedures needed and their order.
- 3 **Temporary teeth.** Temporary restorations may be made to help you eat and speak during treatment.
- 4 **Treatment in stages.** Gum health comes first, then extractions, grafting, implants and restorations as planned.

What to expect (continued)

5 Final restorations and review. Your bite is checked and adjusted, with regular follow-up visits.

Treatment is usually staged over several months. Plans can often be spread out to suit your health, priorities and budget.

Things to consider

- **Time:** treatment often takes months
- **Several procedures:** may include surgery, which has its own risks
- **Maintenance:** long-term results depend on cleaning, regular reviews and managing habits such as grinding

Any surgical or invasive procedure carries risks. Before proceeding, you should seek a second opinion from an appropriately qualified health practitioner.

Aftercare

- ✓ **Rest:** avoid strenuous activity for 24 to 48 hours after surgery, and use cold compresses as advised
- ✓ **Cleaning:** brush gently and avoid surgical sites at first; use the rinses recommended; avoid smoking
- ✓ **Diet:** soft or liquid foods as advised; avoid very hot drinks and straws
- ✓ **Long term:** attend follow-up visits, and wear a night guard if recommended

General guidance only. Always follow the specific instructions your dentist gives you.

Costs & health funds

Fees depend on your treatment and are confirmed after an examination, with a written estimate before planned treatment starts. Your health fund rebate depends on your fund, level of extras cover, annual limits and waiting periods. We can claim on the spot with Tyro, so on the day you pay any gap. All health funds are welcome.

Call (08) 9330 7115 if you have heavy bleeding, pain or swelling that gets worse, fever, or anything that worries you. For trouble breathing or swallowing, call 000.

Questions to ask your dentist

- ? What order would treatment happen in, and why?
- ? How long will the whole plan take?
- ? Can treatment be staged to suit my budget?
- ? What are the risks of each stage, and what are the alternatives?
- ? Will I have temporary teeth during treatment?
- ? What does the written estimate include?

When to call us on (08) 9330 7115

- Bleeding that won't stop with firm pressure
- Fever or a bad taste

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myareedental.com/full-mouth-rehabilitation

