

PATIENT INFORMATION · COSMETIC DENTISTRY

Smile makeover

One or more treatments planned together around your goals, with Digital Smile Design.

What is it?

A smile makeover combines one or more treatments, such as whitening, aligners, veneers, bonding, crowns or implants, planned together and in the right order. Plans consider your bite and gum health as well as appearance.

Digital Smile Design uses photos, video and 3D scans to plan the proposed changes with you on screen. Any digital design or mock-up is a planning aid, not a promise or prediction of your result.

Who it may help

- ✓ People with several cosmetic concerns they would like to address together
- ✓ Anyone who would like to talk through options before deciding
- ✓ Patients who need restorative work and want it to look natural

Suitability depends on your individual situation and is confirmed after an examination.

How it works



Simplified illustration, not to scale. Your own treatment may differ.

What to expect

- 1 Consultation.** We talk about your goals and check your dental health.
- 2 Records.** Photos, video and digital scans of your mouth are taken.
- 3 Design and mock-up.** The planned changes are designed with you; a mock-up may be made to discuss shape and size.
- 4 Treatment.** The agreed treatments are carried out in stages, with adjustments to check function, comfort and appearance.

Some plans take a few visits; others are staged over months. You receive a written estimate first.

Things to consider

- **Time and cost:** plans may involve several treatments over months
- **Irreversible steps:** some treatments, such as veneers, remove tooth structure
- **Preview isn't a promise:** the digital design is a planning tool; actual results vary

Any surgical or invasive procedure carries risks. Before proceeding, you should seek a second opinion from an appropriately qualified health practitioner.

Aftercare

- ✓ **After treatment:** eat soft foods at first, avoid very hot or cold drinks, and use pain relief as directed
- ✓ **Veneers and bonding:** avoid biting hard foods directly
- ✓ **Gum contouring:** be very gentle around healing gums
- ✓ **Long term:** regular check-ups and good cleaning; contact us about ongoing pain or swelling

General guidance only. Always follow the specific instructions your dentist gives you.

Costs & health funds

Fees depend on your treatment and are confirmed after an examination, with a written estimate before planned treatment starts. Your health fund rebate depends on your fund, level of extras cover, annual limits and waiting periods. We can claim on the spot with Tyro, so on the day you pay any gap. All health funds are welcome.

Call (08) 9330 7115 if you have heavy bleeding, pain or swelling that gets worse, fever, or anything that worries you. For trouble breathing or swallowing, call 000.

Questions to ask your dentist

- ? Which treatments would you suggest for my goals, and in what order?
- ? What is realistic for my teeth?
- ? Which steps are irreversible?
- ? How long will the plan take?
- ? What are the risks, and what are the alternatives?
- ? What does the written estimate include?

Before your appointment

- ✓ Think about your goals and what you'd like to change, and bring a list of questions
- ✓ Photos, video and digital scans are taken at your records visit
- ✓ Ask which steps can't be reversed, and about the alternatives
- ✓ Tell us about any changes to your health or medicines since your last visit
- ✓ Your Medicare card and health fund card, for on-the-spot claiming with Tyro
- ✓ A DVA or concession card, if you have one

General guidance only. Always follow your dentist's specific instructions.

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Scan for the web page
myareedental.com/smile-makeover

