

PATIENT INFORMATION · COSMETIC DENTISTRY

Veneers

Thin custom-made shells bonded to the front of teeth, shaped and shaded with you.

What is it?

Veneers are thin, custom-made shells of porcelain or composite resin bonded to the front of teeth to change their shape, size or colour. Often a very thin layer of enamel is removed so the veneer sits naturally. This can't be reversed, so it is worth discussing carefully.

- **Porcelain veneers:** made to fit, then bonded to the tooth; resist staining
- **Composite veneers:** tooth-coloured resin built up directly on the tooth; easier to repair

Who it may help

- ✓ Adults with chipped, worn or uneven front teeth
- ✓ Discolouration that whitening doesn't improve
- ✓ Small gaps between front teeth

Suitability depends on your individual situation and is confirmed after an examination.

How it works



- 1** A front tooth may be chipped, worn or discoloured.



- 2** A very thin layer of enamel may be removed from the front of the tooth.



- 3** A thin custom shell is made to match the shape and shade planned with you.



- 4** The veneer is bonded to the front of the tooth and polished.

Simplified illustration, not to scale. Your own treatment may differ.

What to expect

- 1 Consultation.** Your dentist checks your oral health and talks through your goals and whether veneers suit you.
- 2 Preparation.** A small amount of enamel is usually removed from the front of the teeth.
- 3 Scan and design.** An intraoral scan is used to make veneers to the shape and shade planned with you.
- 4 Bonding and adjustment.** The veneers are bonded with dental adhesive, hardened with a light, then adjusted for fit and comfort.

Things to consider

- **Irreversible:** enamel removed for veneers can't be replaced
- **Can chip:** veneers can chip or come loose and may need repair or replacement
- **Sensitivity:** some sensitivity after preparation is possible

Any surgical or invasive procedure carries risks. Before proceeding, you should seek a second opinion from an appropriately qualified health practitioner.

Aftercare

- ✓ **Cleaning:** brush and floss regularly
- ✓ **Staining:** limit coffee, tea and tobacco
- ✓ **Protection:** avoid biting hard objects; wear a mouthguard for contact sport or a night guard if you grind
- ✓ **Check-ups:** regular visits to check your veneers

General guidance only. Always follow the specific instructions your dentist gives you.

Costs & health funds

Fees depend on your treatment and are confirmed after an examination, with a written estimate before planned treatment starts. Your health fund rebate depends on your fund, level of extras cover, annual limits and waiting periods. We can claim on the spot with Tyro, so on the day you pay any gap. All health funds are welcome.

Questions to ask your dentist

- ? Are veneers right for me, or could whitening or bonding help?
- ? Porcelain or composite: which suits my teeth?
- ? How much enamel would be removed?
- ? How long might veneers last, and what if one chips?
- ? What are the risks, and what are the alternatives?
- ? What will it cost?

Before your appointment

- ✓ Think about what you'd like to change, and bring a list of questions
- ✓ Ask about alternatives, such as whitening or bonding, and which steps can't be reversed
- ✓ Tell us if you grind or clench your teeth
- ✓ Tell us about any changes to your health or medicines since your last visit
- ✓ Your Medicare card and health fund card, for on-the-spot claiming with Tyro
- ✓ A DVA or concession card, if you have one
- ✓ A list of your medicines, including blood thinners and supplements
- ✓ Tell us if you feel anxious or need extra time. You can ask for breaks, agree a stop signal, or bring headphones

General guidance only. Always follow your dentist's specific instructions.

Myaree Dental & Professional Centre

84 North Lake Road, Myaree WA 6154 · Phone (08) 9330 7115
customer@myareedental.com · www.myareedental.com
Advanced Dental Healthcare Pty Ltd (ADHPL) · ABN 48 158 833 713

Scan for the web page
myareedental.com/veneers

